

## Preventive Screening Guide for Key HEDIS® Measures

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Measure Name (Complete HEDIS® Measure Name)	Members requiring measure	Intervention Required	Frequency
BMI (Adult BMI Assessment)	Patients 18-74 years of age	BMI (Body Mass Index) and weight assessment	Once every 2 years
Breast CA Scrn (Breast Cancer Screening)	Women 50-74 years of age	Mammogram to screen for breast cancer	Once every 2 years, 3 months (27 months)
COA: Func. Stat (Care for Older Adults: Functional Status Assessment)	Patients 66+ years of age	<p><b>Must complete one of the following:</b></p> <ul style="list-style-type: none"> <li>• Documentation in the medical record of three out of the four items assessed: cognitive status, ambulation status, sensory ability (including hearing, vision, speech), or other functional independence (e.g., exercise, ability to perform job)</li> <li>• Notation that Activities of Daily Living (ADL) were assessed or that at least five of the following were assessed: bathing, dressing, eating, transferring [e.g., getting in and out of chairs], using toilet, walking.</li> <li>• Notation that Instrumental Activities of Daily Living (IADL) were assessed or at least four of the following were assessed: shopping for groceries, driving or using public transportation, using the telephone, meal preparation, housework, home repair, laundry, taking medications, handling finances.</li> </ul>	Annual
COA: Pain Asmt (Care for Older Adults: Currently listed in the portal as Pain Screening)	Patients 66+ years of age	Documentation in the medical record must include evidence of a pain assessment and the date when it was performed.	Annual
COA: Advance Care Planning	Patients 66+ years of age	<p>Documented evidence of advance care planning which must include one of the following:</p> <ul style="list-style-type: none"> <li>•The presence of an advance care plan in the medical record on or before December 31 of the measurement year.</li> <li>•Documentation of an advance care planning discussion with the provider and the date when it was discussed. The documentation of discussion must be noted during the measurement year.</li> <li>•Notation that the member previously executed an advance care plan. The notation must be dated on or before December 31 of the measurement year.</li> </ul>	Annual
COA: Rx Review (Care for Older Adults: Medication Review)	Patients 66+ years of age	List of medications and an evidence of a review of these medications in the calendar year on the same DOS	Annual
Colon CA Scrn (Colorectal Cancer Screening)	Patients 50-75 years of age	<b>Must complete one of the following:</b>	
		FIT - DNA	Once every 3 years
		CT- Colonography	Once every 5 years
		FOBT <sup>1</sup> or;	Annual
		Flexible Sigmoidoscopy or;	Once every 5 years
Colonoscopy	Once every 10 years		
DM: Eye Exam (Diabetic: Eye Exam)	Patients 18-75 years of age with diabetes	Eye exam for diabetic retinal disease by ophthalmologist or optometrist.	Once every 2 years
DM: HbA1c ≤ 9% (Diabetic: HbA1c Poorly Controlled >9)	Patients 18-75 years of age with diabetes	Most recent HbA1c test - result must be ≤ 9% to be compliant.	Annual
DM: Nephro (Diabetic: Monitoring Diabetic Nephropathy)	Patients 18-75 years of age with diabetes	<p>Any one of the following,</p> <ul style="list-style-type: none"> <li>-Urine test for albumin or protein.</li> <li>-Evidence of ACE inhibitors/ARB therapy</li> </ul>	Annual
Osteo Mgmt. (Osteoporosis Management in Women Who Had a Fracture)	Women 67-85 years of age who have had a fracture	Bone Mineral Density Test or Osteoporosis therapy or prescription for a drug to treat or prevent osteoporosis. For a complete list of drugs go to: <a href="https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/">https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/</a>	Within 180 days of fracture
RA Drug Tx (Disease Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis)	Patients 18+ years of age diagnosed with Rheumatoid Arthritis	At least one prescription of a Disease Modifying Anti-Rheumatic Drug (DMARD) dispensed. For a complete list of drugs go to: <a href="https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/">https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/</a>	Annual
Well Visit (Adults' Access to Preventive/Ambulatory Health Services)	Patients 20+ years of age	Preventive care visit	Annual

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SPC: Statin Therapy Recv'd	Patients males 21-75 years of age and females 40-75 years of age	Dispensed at least one high-intensity or moderate intensity-statin medication. For a complete list of drugs go to: <a href="https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/">https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/</a>	Annual
CBP- Controlling High Blood Pressure	Patients 18 - 85 years of age	Documentation of latest blood pressure reading - results must be systolic <140mmhg and diastolic <90mmhg to meet compliance.	Annual

1) Note: FOBT tests performed in an office setting, or performed on a sample collected via a Digital Rectal Exam (DRE) DO NOT MEET Criteria